

PSY 105 – Introduction to Psychology

Course Description

Introduces psychology as a human and scientific endeavor. Includes examination of concepts and methods in learning, motivation, development, personality, and social behavior.

Instructional Materials

Baron, R. A., & Kalsher, M. J. (2008). *PSY105: Introduction to psychology: Third custom edition* (2nd ed.). Boston, MA: Allyn & Bacon (Pearson).

Course Learning Outcomes

- 1. Distinguish between the major schools of thought in psychology.
- 2. Discuss methods for acquiring new knowledge in the field of psychology, along with the advantages and limitations of those methods.
- 3. Relate psychological concepts to real-world situations.
- 4. Discuss the biological factors that influence behavior.
- 5. Describe the major theories of learning, memory, cognition, consciousness, development, and social psychology.
- 6. Describe major diagnostic mental disorders and their treatments.
- 7. Use technology and information resources to research issues in psychology.
- 8. Write clearly and concisely about psychology using proper writing mechanics.